



# Basic Emergency First Aid Responder

A two-day skills programme that equips learners to safely assess emergency scenes and apply basic emergency first aid for medical, trauma and environmental incidents until professional help arrives.

PROGRAMME ID

**SP-230801**

NQF LEVEL

**2**

MINIMUM CREDITS

**2**

DURATION

**2 Days**

## ▼ Purpose of the Programme

The purpose of the Basic Emergency First Aid Responder programme is to equip learners to safely assess emergency scenes and competently apply basic first aid techniques for medical, trauma and environmental incidents, ensuring effective scene management until professional help is available.

## ▼ Entry Requirements

Enrolment is generally accessible to all interested parties. A learner must meet **all** of the following:

- ▲ Be **16 years or older**.
- ▲ Possess sufficient **literacy skills in English** to follow the theoretical instruction and successfully complete the required assessments.
- ▲ Be **physically able** to demonstrate the practical components of the training.

## ▼ By the end of the programme, a learner will be able to:

### Scene safety **01**

Conduct incident scene safety and patient assessment within their scope of practice.

### Basic emergency care **02**

Provide basic emergency first aid care and secondary assessments for life-threatening conditions.

### Continuous first aid **03**

Apply continuous basic emergency first aid to mitigate pain and facilitate healing.

### Safe handover **04**

Safely hand over the treated person to the next level of medical care with associated documentation.

### Effective communication **05**

Communicate effectively with affected persons, bystanders and stakeholders.

### Clean-up and reporting **06**

Conduct post-incident clean-up and reporting.

## COMPLETION PATHWAY ► BOTH COMPONENTS, THEN FORMAL EXIT

### 1 COMPONENT

#### Knowledge

**1 Credit**

Principles, anatomy and injury recognition.

### 2 COMPONENT

#### Practical Skill

**1 Credit**

Assessing and managing an emergency.

### ★ FINAL

#### Certification

**Both Components**

Competence demonstrated across both integrated components.

## Two compulsory components

The programme consists of two compulsory components aligned with QCTO standards, to ensure comprehensive skills development and the benefits of a structured programme.

**2**

TOTAL CREDITS

### Knowledge Modules

**1 CREDIT**

Concepts and principles of basic emergency first aid.

#### MODULES IN THIS COMPONENT

- ▶ KM-01-KT01 · Fundamental principles and objectives of basic emergency first aid
- ▶ KM-02-KT01 · Applied basic emergency first aid
- ▶ KM-02-KT02 · Basic fundamentals of human anatomy and physiology
- ▶ KM-02-KT03 · Principles of recognising injuries and illnesses and providing appropriate basic emergency first aid treatment

### Practical Skill Modules

**1 CREDIT**

Apply basic emergency first aid techniques.

#### MODULES IN THIS COMPONENT

- ▶ PM-01-PS01 · Assess and manage an emergency

## Completion & Certification

A learner formally exits this Skills Programme (SP) upon the successful demonstration of competence across both integrated components.

- ✓ All knowledge modules · 1 credit
- ✓ All practical skill modules · 1 credit
- ✓ Competence across both components