



# Intermediate Emergency First Aid Responder

A five-day skills programme that equips learners to assess emergency scenes safely and apply intermediate first aid for medical, trauma and environmental incidents until professional help arrives.

PROGRAMME ID

**SP-230802**

NQF LEVEL

**3**

MINIMUM CREDITS

**5**

DURATION

**5 Days**

## Purpose of the Programme

The purpose of the Intermediate Emergency First Aid Responder programme is to equip learners to safely assess emergency scenes and competently apply intermediate first aid techniques for medical, trauma and environmental incidents, ensuring effective scene management until professional help is available.

## Entry Requirements

Enrolment is generally accessible to **all** interested parties. Candidates must:

- ▲ Be **16 years or older**.
- ▲ Possess sufficient **literacy skills** to follow the theoretical instruction and successfully complete the required assessments in **English**.
- ▲ Be **physically able** to demonstrate the practical components of the training.

## By the end of the programme, a learner will be able to:

### Scene safety

Ensure scene safety and perform initial emergency assessment.

**01**

### Intermediate first aid

Apply intermediate first aid for common medical and trauma incidents.

**02**

### Scene management

Manage the emergency scene effectively until relieved by professional services.

**03**

### Incident reporting

Accurately report incident details.

**04**

## COMPLETION PATHWAY ► BOTH COMPONENTS, THEN FORMAL EXIT

### 1 COMPONENT

#### Knowledge

**3 Credits**

Principles, anatomy and recognising emergencies.

### 2 COMPONENT

#### Practical Skill

**2 Credits**

Applying intermediate first aid techniques.

### ★ FINAL

#### Exit

**Skills Programme**

Competence demonstrated across both integrated components.

## Curriculum &amp; Module Breakdown

## Two compulsory components

The programme consists of two compulsory components aligned with QCTO standards, to ensure comprehensive skills development and the benefits of a structured programme.

**5**

TOTAL CREDITS

### Knowledge Modules

3 CREDITS

Concepts and Principles of Intermediate Emergency First Aid.

#### COVERED IN THIS COMPONENT

- ▶ **KM-01-KT01** Principles of providing intermediate emergency first aid.
- ▶ **KM-02-KT01** Effective application of intermediate emergency first aid.
- ▶ **KM-02-KT02** Basic human anatomy and physiology for intermediate emergency first aid.
- ▶ **KM-02-KT03** Recognise emergencies, injuries and illnesses, and treat appropriately using intermediate emergency first aid techniques.

### Practical Skill Modules

2 CREDITS

Apply Intermediate Emergency First Aid Techniques.

#### COVERED IN THIS COMPONENT

- ▶ **PM-01-PS01** Provide intermediate emergency first aid for a variety of medical, trauma and environmental emergencies.

## Completion & Certification

A learner formally exits this Skills Programme (SP) upon the successful demonstration of competence across both integrated components.

- ✓ All knowledge modules · 3 credits
- ✓ All practical skill modules · 2 credits
- ✓ 5 credits at NQF Level 3